



**TO TRULY
PROTECT EVERYONE**
OCCUPATIONAL HEALTH AND SAFETY



from head

POST-TRAUMATIC STRESS

Post-traumatic stress can occur in many workplaces, and you are entitled to support in dealing with it. Talking about it is the first step.

CHEMICALS

Do you know the risks of the products you work with every day? Hazardous products must be identified and handled with care, and workers must be properly trained. It's up to employers to ensure that procedures are followed.

to toe

Production: CSN, 2024
Illustration: Thalia Keham Po

For more information,
visit csn.qc.ca/sst

