



**TO TRULY**  
**PROTECT EVERYONE**  
**OCCUPATIONAL HEALTH AND SAFETY**



Production: CSN, 2024  
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**from head**

### **PREGNANCY**

During pregnancy, the job must be adapted if it poses a risk to the health of the employee or the unborn child. There are measures that can be taken to ensure a safe pregnancy.

### **BOOTS**

When it comes to health and safety, you may need boots to walk the talk. If protective equipment is required in the workplace, it is important to wear it when and how it is needed.

**to toe**

For more information,  
visit [csn.qc.ca/sst](https://csn.qc.ca/sst)

